

# Optional Practical Training workshop

# Workshop agenda

**Introduction to OPT**

**Application process**

**Maintaining status on OPT**

**Travel information**

**After initial OPT**

# What is OPT?

Benefit of F-1 status at each higher-level degree

Eligible one time after bachelor's, master's and Ph.D. level

Work authorization for 12 months

Permission from U.S. government to work in the U.S. after graduation

Employment related to field of study

Job must be related to major, not minor

# You are eligible for OPT if you...

**1**

Have been in F-1 status for one academic year

**6**

Have a passport valid six months into the future

**364**

Accumulated no more than 364 days of full time CPT

# Thesis/dissertation students

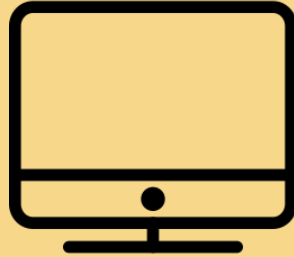
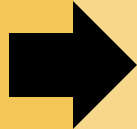
- Post-completion OPT can start before you graduate
- Program end date will be shortened to facilitate the start of your OPT period

# Application process

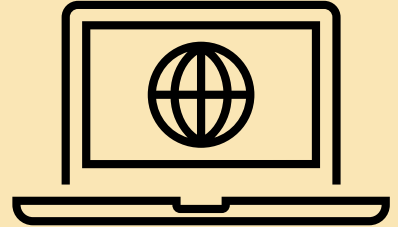
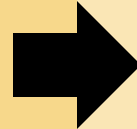
# Application: 3 step process



**Step 1:** Gather and complete required documents



**Step 2:** Submit online request through myStatus



**Step 3:** File USCIS application online and wait


# Step 1: Gather and complete paperwork

- I-765
- Copies of previous I-20s with CPT/OPT authorization
- Copies of passport, visa, I-94 and any previous EAD cards
- \$75 OPT processing fee
  - > Credit/debit payable in myStatus





# I-765 Online

 U.S. Citizenship and Immigration Services

## Sign In

Email

Password

[Forgot your Password?](#) [Show Password](#)

[Sign In](#)

One account for all of your USCIS needs.  
[Create an account.](#)

Didn't receive confirmation instructions?

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### Legal

- [Department of Homeland Security Consent](#)
- [DHS Privacy Notice](#)
- [Paper Reduction Act Burden Disclosure Notice](#)
- [Terms of Use](#)

Welcome to your USCIS Account

Select what you want to do

[Edit My Profile](#) Editing your profile includes email, password, phone number, security questions, two-step verification and backup code.


Login to a USCIS Service

[USCIS](#) Apply for immigration benefits, find tools and resources to assist in preparation for naturalization, and search for doctors in your local community.

[FIRST](#) Submit, manage and receive Freedom of Information Act (FOIA) requests.

[myE-Verify](#) Confirm your records for employment eligibility, track E-Verify or Self-Check case status, and protect your identity by locking your Social Security Number (SSN).

Not sure what service you need? Start at [USCIS.gov](#)

 U.S. Citizenship and Immigration Services My Account


## Welcome To Your USCIS Account

Select What You Want To Do

[Add a paper-filed case](#)  
View your case status and case history by adding your case to your account

[File a form online](#)  
Start a new form, upload evidence, and pay and submit online

[Enter a request for a passport](#)  
Review and prepare for an interview with an attorney or representative

 U.S. Citizenship and Immigration Services

# I-765 Online

## File a Form

Once you start your form, we will automatically save your information for 30 days, or from the last time you worked on the form.

Select the form you want to file online.

- Application to Replace Permanent Resident Card (I-90)
- Request for a Hearing on a Decision in Naturalization Proceedings (N-336)
- Application for Naturalization (N-400)
- Application for Replacement Naturalization/Citizenship Document (N-565)
- Application for Certificate of Citizenship (N-600)
- Application for Citizenship and Issuance of Certificate Under Section 322 (N-600K)

Application for Employment Authorization (I-765)

Only certain F-1 students seeking optional practical training (OPT) may file Form I-765 online. This includes:

- Pre-completion OPT - (c)(3)(A) eligibility category;
- **Post-completion OPT - (c)(3)(B) eligibility category; or**
- a 24-month extension for STEM students (students holding a degree in science technology, engineering, or mathematics) - (c)(3)(C) eligibility category.

For all other eligibility categories, you must submit a paper [Form I-765](#).

- Petition for Alien Relative (I-130)
- Application To Extend/Change Nonimmigrant Status (I-539)

Start form

Cancel

## I-765, Application for Employment Authorization

### Getting Started

#### Basis of eligibility

Reason for applying

Preparer and interpreter information

### About You

### Evidence

### Additional Information

### Review and Submit

## What is your eligibility category?

**!** You can file your request online only for certain eligibility categories

If your eligibility category does not appear on the drop-down list, you must file a paper [Form I-765](#). If you submit online and are not eligible for one of the listed categories, your application may be denied.

A(12) Temporary Protected Status Granted

c(3)(A) Student Pre-Completion OPT

**c(3)(B) Student Post-Completion OPT**

c(3)(C) STEM Extension

Eligibility code: (C) (3) (B)

# I-765 Online

What is your current U.S. **mailing address?**

We will use your current mailing address to contact you throughout the application process. We may not be able to contact you if you do not provide a complete and valid address. Please provide a U.S. address only.

**In care of name (if any)**

**Address line 1**

Street number and name

**Address line 2**

Apartment, suite, unit, or floor

**City or town** **State** **ZIP code**

Provide a 5 or 9-digit ZIP code.

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Is your current U.S. mailing address the same as your U.S. physical address?

Yes

**No**

Optional:  
You can use the International Center's mailing address.

N52 Memorial Union  
Columbia, MO 65211

# I-765 Online

I-765, Application for Employment Authorization

Review the I-765 form information Print

Here is a summary of all the information you provided in your application.

Make sure you have provided responses for everything that applies to you before you submit your application. You can edit your responses by going to each application section using the site navigation.

We also prepared a draft case snapshot with your responses, which you can download below.

[View draft snapshot](#)

Getting Started

Basis of eligibility

What is your eligibility category? c(3)(B) Student Post-Completion OPT

View draft snapshot (PDF)



After completing the questions, **DO NOT** submit to USCIS. Download the draft snapshot and submit to ISSS for review.

# I-765 Online

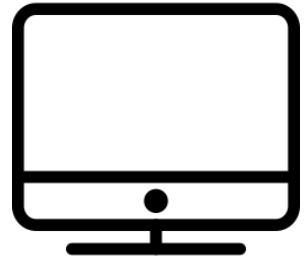
- Filing the I-765 electronically
  - > Complete form at [uscis.gov/i-765](https://uscis.gov/i-765)
  - > Select 'view draft snapshot'
  - > Upload draft I-765 to myStatus for international student adviser review



After completing the questions, **DO NOT** submit to USCIS. Download the draft snapshot and submit to ISSS for review.

## Step 2: Submit OPT request to ISSS

- Submit request in myStatus
  - > Read OPT acknowledgements
  - > Read OPT fee information
  - > Complete OPT employment questionnaire
  - > Send approval verification to academic adviser
- Submit documents from step 1 in myStatus
  - > Pay \$75 OPT processing fee in myStatus



## Step 2: Receive documents from ISSS

- Processing time for International Student and Scholar Services takes up to **five business days** after all required documents are submitted
- Documents provided by ISSS :
  - > New I-20 with OPT recommendation (will be uploaded to your documents in myStatus)

Before submitting your application to USCIS, please let your international student adviser know if you need to make any changes.

# New I-20

- OPT starts and ends **after** the end date on your I-20
- Program end date will be adjusted to the end of the semester of your graduation

The image shows a sample I-20 form with a circled 'PROGRAM END DATE' field. An arrow points from this field to the 'PROGRAM END DATE' field in the 'PROGRAM OF STUDY' table below.

PROGRAM OF STUDY	
<b>EDUCATION LEVEL</b> DOCTORATE	<b>MAJOR 1</b> Economics, General 45.0601
<b>NORMAL PROGRAM LENGTH</b> 72 Months	<b>MAJOR 2</b> None 00.0000
<b>PROGRAM START DATE</b> 01 SEPTEMBER 2015	<b>PROGRAM ENGLISH PROFICIENCY</b> Required
	<b>ENGLISH PROFICIENCY NOTES</b> Student is proficient
	<b>PROGRAM END DATE</b> 31 MAY 2021



# New I-20

Department of Homeland Security  
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status  
OMB NO. 1653-0038

SEVIS ID: [REDACTED]

NAME: [REDACTED]

### EMPLOYMENT AUTHORIZATIONS

TYPE	FULL/PART-TIME	STATUS	START DATE	END DATE
POST-COMPLETION OPT	FULL TIME	REQUESTED	01 JUNE 2018	31 MAY 2019

### CHANGE OF STATUS/CAP-GAP EXTENSION

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### AUTHORIZED REDUCED COURSE LOAD

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### CURRENT SESSION DATES

CURRENT SESSION START DATE	CURRENT SESSION END DATE
16 JANUARY 2018	11 MAY 2018

### TRAVEL ENDORSEMENT

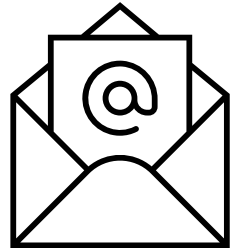
This page, when properly endorsed, may be used for re-entry of the student to attend the same school after a temporary absence from the United States. Each endorsement is valid for one year.

Designated School Official	TITLE	SIGNATURE	DATE ISSUED	PLACE ISSUED
Christine Huh	ISSS Advisor	X <i>[Signature]</i>	2/12/18	Columbia, Mo
		X		
		X		
		X		

Post-completion OPT  
Status "Requested"

## Step 3: Submit application to USCIS electronically

- Payment for \$470
- Passport-style photograph (taken recently)
- I-765 questionnaire
- Copy of new OPT I-20
- Copies of previous I-20s with CPT/OPT authorization
- Copies of I-94, visa, passport, any previous EADs



# I-765 Online

## I-20, Certificate Of Eligibility For Nonimmigrant Student Status

Upload a copy of the Form I-20, Certificate of Eligibility for Nonimmigrant Student Status endorsed by the Designated School Official (DSO). For the (c)(3)(B) eligibility category, your DSO must have entered the recommendation for OPT into your SEVIS record within 30 days of you submitting Form I-765. If you fail to do so, we will deny your OPT request. For the (c)(3)(C) eligibility category, the Form I-20 must have been endorsed by the DSO within 60 days of submitting Form I-765.

### File requirements

- Clear and readable
- Accepted file formats: JPG, JPEG, PDF, TIF, or TIFF
- No encrypted or password-protected files
- If your documents are in a foreign language, upload a full English translation and the translator's certification with each original document.
- Accepted characters: English letters, numbers, spaces, periods, hyphens, underscores, and parentheses
- Maximum size: 6MB per file

Choose or drop files here to upload

Next

Upload OPT Recommendation I-20

### Pay for and submit your application

The final step to submit your Form I-765, Application for Employment Authorization, is to pay the required fee.

Your application fee is: **\$410.**

**Refund Policy:** By continuing this transaction, you agree that you are paying for a government service and that the filing fee, biometric services fee and all related financial transactions are final and not refundable, regardless of any action USCIS takes on an application, petition or request, or how long USCIS takes to reach a decision. You must submit all fees in the exact amounts.

**Getting Started** ▾

**About You** ▾

**Evidence** ▾

**Additional Information** ▾

**Review and Submit** ▾

- Review your application
- Your application summary
- Your statement
- Your signature

**Pay and submit**

We will send you to Pay.gov — our safe and secure payment website — to pay your fees and submit your form online.

Here are the steps in the payment and submission process:

1. Provide your billing information on Pay.gov
2. Provide your credit card or U.S. bank account information
3. Submit your payment

When you have paid your fee, your form will be submitted.

Pay.gov will redirect you to a uscis.gov confirmation screen, which will include your receipt number. Please keep a copy of your receipt number for your records. You can track the status of your application through your USCIS online account.

Pay and submit

\$470 application fee paid through Pay.gov

## What are the three steps to apply for OPT?

**A.**

1. Gather documents
2. Submit to USCIS
3. Start working

**C.**

1. Apply to International Center
2. Get OPT approval from International Center
3. Start working

**B.**

1. Gather documents
2. Submit myStatus request
3. Submit electronically to USCIS

**D.**

1. Apply to International Center
2. get new I-20
3. start working

# Review

## What are the three steps to apply for OPT?

**A.**

1. Gather documents
2. Submit to USCIS
3. Start working

**C.**

1. Apply to International Center
2. Get OPT approval from International Center
3. Start working

## Review

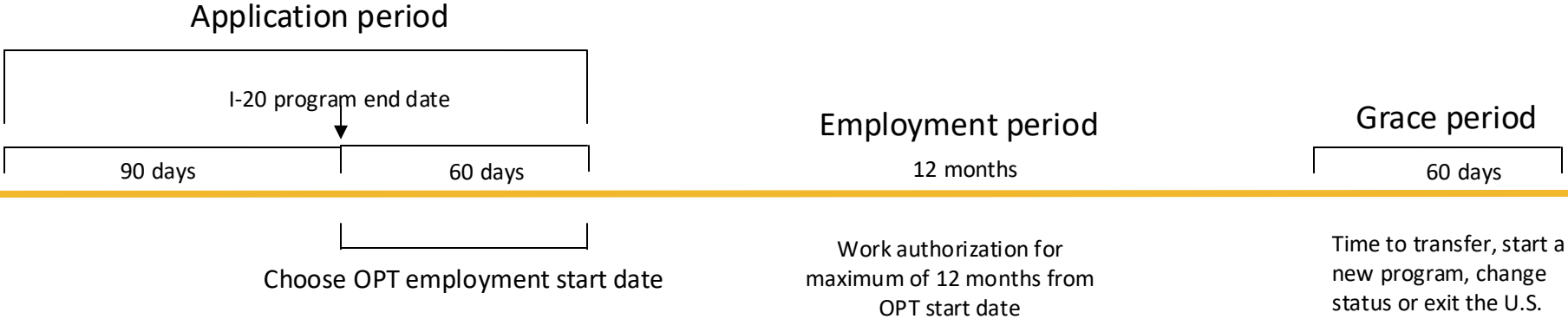
**B.**

1. Gather documents
2. Submit myStatus request
3. Submit electronically to USCIS

**D.**

1. Apply to International Center
2. get new I-20
3. start working

# OPT timeline



# Important dates

## Key:

Dates for spring 2025 graduates

Dates for summer 2025 graduates

Dates for fall 2025 graduates

Program end date:

May 16, 2025

July 25, 2025

Dec. 19, 2025

Earliest application date

Feb. 15, 2025

April 26, 2025

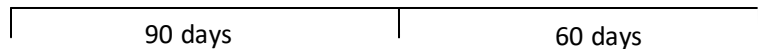
Sept. 20, 2025

Application deadline

July 15, 2025

Sept. 23, 2025

Feb. 17, 2026



Employment period

12 months

Grace period

60 days

Choose OPT employment start date between:

May 17, 2025 and July 15, 2025

July 26, 2025 and Sept. 23, 2025

Dec. 20, 2025 and Feb. 17, 2026

OPT end date between:

May 16, 2026 and July 14, 2026

July 25, 2026 and Sept. 22, 2026

Dec. 19, 2026 and Feb. 2027

(depending on start date)

# Application window

I-20 program end date	Earliest application date	Application deadline
May 16, 2025	Feb. 15, 2025	July 15, 2025
July 25, 2025	April 26, 2025	Sept. 23, 2025
Dec. 19, 2025	Sept. 20, 2025	Feb. 17, 2026

# OPT employment start date range

I-20 program end date	Earliest start date	Latest start date
May 16, 2025	May 17, 2025	July 15, 2025
July 25, 2025	July 26, 2025	Sept. 23, 2025
Dec. 19, 2025	Dec. 20, 2025	Feb. 17, 2026



# After you apply

Department of Homeland Security  
U.S. Citizenship and Immigration Services

Form I-797C, Notice of Action

**THIS NOTICE DOES NOT GRANT ANY IMMIGRATION STATUS OR BENEFIT.**



Receipt Number 10E9507830491		Case Type 1765 - APPLICATION FOR EMPLOYMENT AUTHORIZATION	
Received Date 06/12/2024	Priority Date	Applicant [REDACTED]	
Notice Date 06/12/2024	Page 1 of 2		
N52 MEMORIAL UN COLUMBIA MO 65211-7030		Notice Type: Receipt Notice Amount received: \$470.00 U.S. Class requested: C03B	
<p>We have received the application or petition ("your case") listed above. This notice only shows that your case was filed on the "Received Date" listed above. It does NOT grant you any immigration status or immigration benefit, and it is not evidence that your case is still pending. We will notify you in writing when we make a decision on your case or if we need additional information.</p> <p>Please save this and any other notices about your case for your records. You should also keep copies of anything you send us, as well as proof of delivery. Have these records available when you contact us about your case.</p> <p>If any of the information in your notice is incorrect or you have any questions about your case, you can connect with the USCIS Contact Center at <a href="http://www.uscis.gov/contactcenter">www.uscis.gov/contactcenter</a> or ask about your case online at <a href="http://www.uscis.gov/e-request">www.uscis.gov/e-request</a>. You will need your Alien Registration Number (A-Number) and/or the receipt number shown above.</p> <p>You can receive updates on your case by visiting <a href="http://www.uscis.gov/casestatus">www.uscis.gov/casestatus</a> to get the latest status or you can create an account at <a href="http://my.uscis.gov/account">my.uscis.gov/account</a> and receive email updates for your case.</p>			

- If applying by mail: You will receive a receipt in the mail two to three weeks after your application is received by USCIS
- If applying online: Receipt number issued immediately
- Check the status of your application through the USCIS website
- International student adviser cannot contact USCIS on your behalf


# After USCIS receives your application

- After you apply, changing dates or withdrawing your application is **difficult** and not guaranteed
  - > Be sure about your OPT plans
  - > Talk to your international student adviser if you decide to withdraw
- You cannot cancel your OPT after your application has been approved


# USCIS decisions

Approved	Rejection/denial	Request for evidence
<p>Yay! Congratulations!</p>	<ul style="list-style-type: none"><li>▪ <b>Application</b><ul style="list-style-type: none"><li>&gt; Received more than 90 days before program end date</li><li>&gt; Received more than 30 days after OPT recommendation</li><li>&gt; Filing online without the OPT I-20</li></ul></li><li>▪ <b>Old or previously used photos</b></li><li>▪ <b>Payment</b><ul style="list-style-type: none"><li>&gt; Credit Card declined</li></ul></li></ul>	<p>RFE</p> <p>More information needed to make a decision</p>

# Timing tips

- Application must be received by USCIS **before** grace period ends (60-day)
  - Submit application within a timely manner
  - Apply as early as possible, even if you don't have a job yet
  - If you have a job offer, make sure you are applying at least 90 days in advance of your start date.
- 
- A decorative yellow brushstroke graphic at the bottom of the slide, resembling a torn paper edge or a watercolor wash.

# Timing tips

- On-campus work authorization ends on program end date
  - There may be a gap in employment between program end date on I-20 and date OPT begins
  - If driver's license is expiring, renew before submitting your OPT documents to International Student and Scholar Services
  - If you intend to travel after graduation, you must submit your I-765 to USCIS **before** leaving the US
- 

# Premium processing

\$1,685 fee guarantees processing time within 30 **business** days

- I-907 can be filed together with I-765 or after I-765


# Maintaining status on OPT

# Maintaining F-1 status on OPT

- You are still in **F-1 student status** with the University of Missouri and using a benefit of that status
- F-1 status is maintained through employment (not through enrollment)
- Your I-20 is still valid — the second page shows OPT dates even though the first page program end date has passed
- You can sign up for insurance through Anthem while on OPT, but it is not automatically applied unless you are enrolled in MU courses
  - > Online enrollment at [student.anthem.com/student/schools/mizzou](https://student.anthem.com/student/schools/mizzou)



# Maintaining F-1 status on OPT

- Employment can be paid or unpaid
  - Must work **21 hours** or more each week
  - Can switch employers
  - Can work for multiple employers
  - Can take part-time incidental courses, but cannot start another academic program
  - Allowed 90 days of unemployment
- 

# Maintaining F-1 status on OPT

- Update myStatus within 10 days of:
  - > Moving to a new address
  - > Finding employment or switching employers
  - > Ending employment
- If employment is not reported within 90 days from OPT start date, your SEVIS record will be automatically terminated

# Maintaining F-1 status on OPT

- SEVP Portal updates:
  - > You may update the SEVP Portal with employment information
    - You must still let us know so we can issue new I-20
  - > You may update myStatus with employment
    - We will update SEVP information to issue new I-20





What is your status while on OPT?

**Review**

**A.**

**OPT**

**B.**

**H-1B**

**C.**

**F-1**

**D.**

**J-1**

**What is your status while on OPT?**

**Review**

**A.**

**OPT**

**B.**

**H-1B**

**C.**

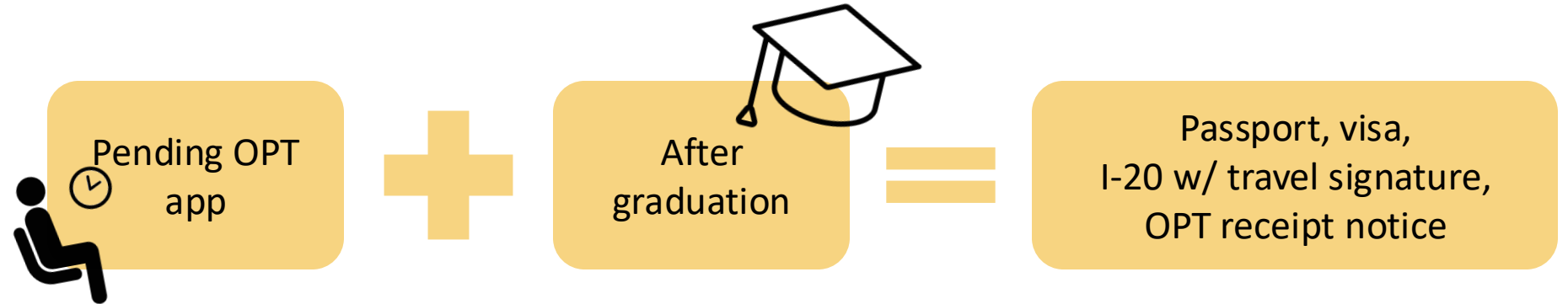
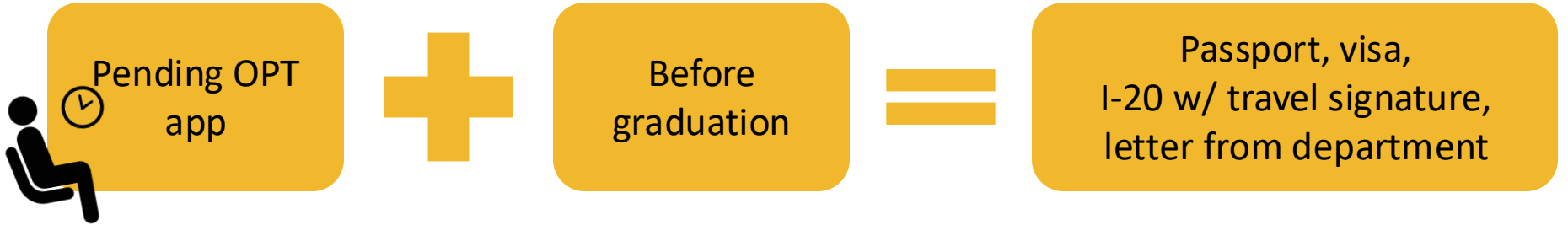
**F-1**

**D.**

**J-1**

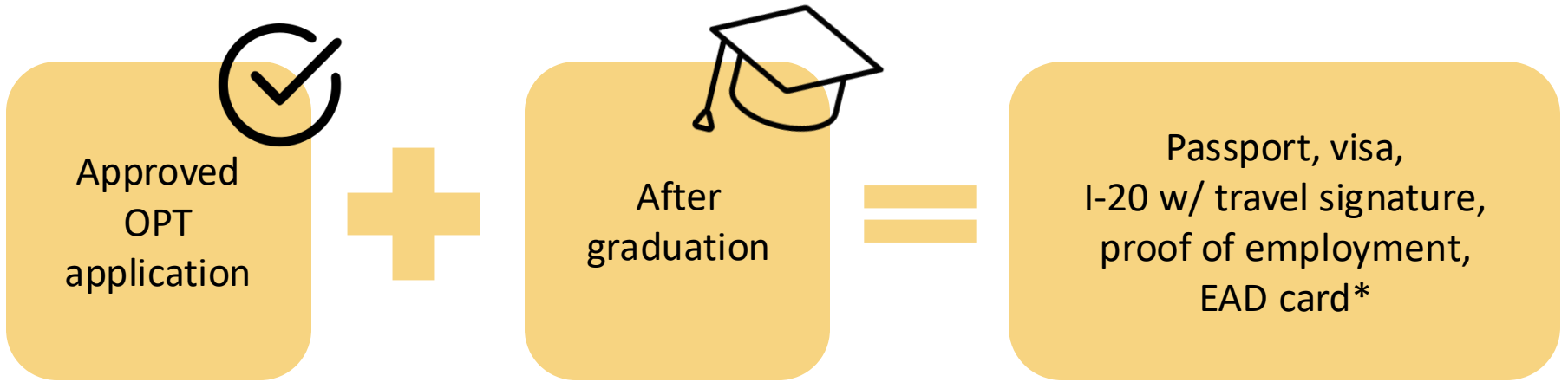
# Travel information

# Travel with pending application





# Travel with approved application



\*EAD card is not valid for re-entry by itself. After approval, you must have a job in order to re-enter the U.S.



**Who should you tell when you get a new job?**

**Review**

**A.**

**USCIS**

**B.**

**Your best friend**

**C.**

**MU International  
Student and  
Scholar Services**

**D.**

**Your academic  
adviser**

**Who should you tell when you get a new job?**

**Review**

**A.**

**USCIS**

**B.**

**Your best friend**

**C.**

**MU International  
Student and  
Scholar Services**

**D.**

**Your academic  
adviser**

**When should you update them?**

**Review**

**A.**

**Today**

**B.**

**Within 10 days**

**C.**

**Within one  
month**

**D.**

**As soon as you  
accept the job**

**When should you update them?**

**Review**

**A.**

**Today**

**B.**

**Within 10 days**

**C.**

**Within one  
month**


**D.**

**As soon as you  
accept the job**

# After initial OPT

# STEM extension

- Eligibility:

- > Your degree is in STEM-qualifying field
  - > You are working in a **paid** position related to your major
    - You can work for multiple employers, but **each** must be more than 20 hours/week
  - > Your employer is registered with the **E-Verify** employment verification system
- 

# Application for 24-month STEM extension

- Must apply **before** initial OPT period ends
- Log in to myStatus to request OPT STEM extension
  - > Some additional documents needed, so review [online checklist](#)



# H-1B cap-gap extension

- Eligibility: F-1 students working on OPT who have:
  - > An OPT work authorization end date between April 1 and Sept. 30 or April 1 must fall within your OPT grace period
  - > An employer who has filed a timely H-1B petition for you with a start date of Oct. 1
  - > Any major is eligible for H-1B; not restricted to STEM students
- Have questions? Meet with an international student adviser

# MU Career Center

[career.missouri.edu](https://career.missouri.edu)

## CONTACT

(573) 882-6801

[career@missouri.edu](mailto:career@missouri.edu)

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## CAREER EXPLORATION

Assessments

Major/Career Resources

Career Specialist Consultation

## CAREER READINESS

Resume & Cover Letters

Interviews

LinkedIn Profiles

Job Search Strategies

Connect with the MU Career Center here:



Career Center  
University of Missouri

**M-F 9am-4pm**

**Student Success Center, Lower Level**



# Questions?

- International Student and Scholar Services website: [international.missouri.edu/iss](https://international.missouri.edu/iss)
- **Jillian Collins:** [collinsjk@missouri.edu](mailto:collinsjk@missouri.edu)
- **Kim Adams:** [kimberlyadams@missouri.edu](mailto:kimberlyadams@missouri.edu)
  - > All sponsored students
- **Kristen Carranza:** [carranzak@missouri.edu](mailto:carranzak@missouri.edu)
  - > Last names starting with A
- **Daniel Rodriguez:** [daniel.rodriguez@missouri.edu](mailto:daniel.rodriguez@missouri.edu)
  - > Last names starting with B–I
- **Katie Humphrey:** [khumphrey@missouri.edu](mailto:khumphrey@missouri.edu)
  - > Last names starting with J–P
- **Mo Whitley:** [whitleymo@missouri.edu](mailto:whitleymo@missouri.edu)
  - > Last names starting with Q–Z

